

COMETS BASKETBALL COMPETITION EXPECTATIONS

- 1. PLAYER PARTICIPATION:** When scheduling competitions, it is mandatory that all Comets athletes are available to participate. We ask that you schedule no other activity on that day in order to avoid any inconvenience for the team. There needs to be a confirmation of **AT LEAST 8 PLAYERS PER TEAM** to be able to participate in a tournament. Coaches must submit a final completed roster form at the time of check-in so it is important to have a final count of those participating in competitions. Only excused absences will be accepted as being exempt from playing in games.
- 2. SUSPENSION, ABSENCES, ACADEMIC FAILURE:** If a player has been suspended from school, has excessive absences from practice and team activities, or academically ineligible to play, he will not be allowed to participate in competitions until those situations are ratified. Ineligible players are encouraged to join the team at competitions in order to show support. They can also be available to help with pregame warm-up drills.
- 3. PARENTAL SUPPORT:** We ask that parents help assist the team by volunteering for carpooling and bringing snacks/ drinks for competitions. We also ask that parents attend games to support their child's activities. Parents and other family members will have to pay a spectator's fee to enter into a tournament. Fees may vary. If parents have trouble getting to a tournament site, a map will be attached to this sheet for help.
- 4. SCOREBOOK, COACHES BOARD:** **ATHLETES SHOULD NOT ASK TO DRAW PLAYS ON THE COACHES DRY ERASE BOARD OR TO EXAMINE THE SCOREBOOK TO SEE HOW MANY POINTS THEY HAVE.** Set plays are already developed and game day is not the appropriate time to discuss with the coaches new strategy. To avoid distractions **WE ASK THE ATHLETES TURN OFF ALL CELLPHONES OR OTHER ELECTRONIC DEVICES.**
- 5. UNIFORM:** Athlete's full game uniforms will be issued at the tournament site or at a meeting place designated by the Head Coaches before the beginning of the first game. All headbands, arm and kneepads, arm sleeves are to be team colors that is black, white or grey. Undershirts and gym shoes shall be team colors as well. Socks are to be black. Please bring extra shoes, towels or drinks for yourself. Athlete must keep track of all belongings and place them in their team bag. **WE ARE NOT RESPONSIBLE FOR ANY LOST OR STOLEN ITEMS AT COMPETITION SITES.**

6. **GAME-DAY ATTIRE:** On game days, the dress attire for players and coaches is business casual, which includes: polo's/dress shirt, slacks and dress shoes. **NO JEANS OR GYM SHOES ARE ALLOWED.** There will be some occasions where athletes can wear club-issued sweats to competitions.
7. **CLUB STAFF:** At least two club personnel members must be present at the competitions for each team. Coaches have medical supplies and basketballs for athlete to use during warm-ups. Coaches also videotape games, perform timekeeping and complete the scorebook. Club staff can be identified by their polo's shirt color, team hat or visor and tan khaki pants/shorts that must be worn during the tournament which is the following:
 - Club President: White/Black
 - Head Coaches: Grey/Black
 - Assistant Coaches and Team Managers: Black/Grey
8. **TOURNAMENT TIME FRAME:** Some tournaments are either for a 3-day weekend or one-day competitions with 3 games played back to back. The length of time is usually 8 hours long but may vary depending on tournament rules. We ask that parents and athletes be prepared to stay for the full length of time. Each tournament organization schedule times of games that the coaching staff are not aware of until the week of the tournament.
9. **PLAYING TIME:** Playing time is earned by the athletes and not guaranteed to anyone. We will give **EVERYONE** the opportunity to participate in competitions based on their attendance at practice, academic/moral integrity, registration completion and athletic performance. We ask that if parents have questions about the playing time or game participation of their child that they would consult with the coaches after the competition is over.
10. **PLAYER MEETING AFTER GAME:** After each game, we have a brief players meeting to discuss feedback of how we played. These meetings typically last for 10-15 minutes. We ask that parents be patient during this time so that it can be used as a teachable moment between players and coaches.

- 11. PRE, PRESENT/BENCH AND POST GAME ETIQUETTE:** Before games we will have time to stretch and warm-up on the court. It is a priority that we are on time for the shoot around. **DO NOT SHOOT ON THE COURT WHILE GAMES ARE TAKING PLACE. NO ONE IS ALLOWED ON THE COURT BETWEEN GAMES OR DURING GAMES. NO 'FREE SHOOTING' OR DUNKING IN WARM-UPS, WHICH MAY CAUSE DAMAGE TO RIMS.** For parents, please do not criticize the calls of the referee's during competition. We teach our athletes about proper sportsmanship and we ask that parents also support our expectation of respecting the referees at all times. We also ask that athlete's support their teammates on the bench with words of encouragement and be ready to enter the game with enthusiasm.
- 12. SITTING WITH THE TEAM:** All players including those who are ineligible to participate must sit together as a team in an area designated by their coach. Please **DO NOT LEAVE THE COMPETITION SITE AND TALK TO OTHER PLAYERS OR PEOPLE.** Athlete's sit together to focus on their next opponent. We ask that if parents need to speak with their child during this time that they would speak with the coaches first so the message can be delivered.
- 13. FOOD:** Athletes are encouraged to bring money for food. Coaches will have fruit available after each games for players eat. We advise that athletes stay away from junk food (Nachos, Candy, Chips etc.) while participating in competition. These things slow down the body's function to rejuvenate for the next game.
- 14. TRANSPORTATION:** Parents must transport their child to and from the competition site. **PLAYERS SHOULD NOT ASK FOR RIDES FROM THE COACHES BEFORE THEY ASK THEIR PARENTS.** If an athlete's parent is not able to take him to the competition, he should ask his peers to help with his transportation. Only if necessary will a coach transport an athlete to competition. Athletes should not depend on the coaches to give rides at the last minute.

We realize that every possible event or circumstance that could potentially go wrong during a tournament may not be covered in this handout. Events and clarifications not covered in this handbook will be resolved at the discretion of the President. We apologize if we overlooked some things; please feel free to bring it to our attention.

TOURNAMENT TIMELINE

- 7:00am- Arrival
 - Coaches Greeting
 - Prayer
 - Athlete Check-In
- 8:00am- Pre-Game
 - Uniform Dispersal and Getting Dressed
 - Players must be wearing their jersey at all times to get into the tournament.
 - Stretch
 - Strategize
- 8:00am Warm-Up
 - Warm-Up Routine.
 - Team Huddle
 - High Knee's and Lay-ups
 - Coaches Notes
- 9:00am Game-Time
 - Tip-Off
 - Shake opponents hand
 - Team Huddle after free throws
- 10:00 Half-Time
 - In-Game Refueling
 - Gatorade or Gatorade Chews, Water etc.
 - Warm-Up Routine
- 11:00am End of Game
 - Shake opponents hand
 - Player's Meeting (15 Mins)
- 11:00am Scouting
 - Preparing for opponent for next game
 - Sitting in designated area
 - Eating Fruit, Energy Snack Bars, Beef Jerky and Crackers, PBJ, Smoothies
- End of Tournament
 - Collecting all Comets Uniforms and Equipment

* Times may vary depending on the schedule of the tournament.